

B- REGULAR GOBBLE GOBBLE MAC MAC

 1 bowl

INGREDIENTS

- 2 meatballs of A-Turkey Quinoa Meatball [141 g]
- 1.17 one regular(6 oz) of A-Mac Pasta [282 g]
- 1 8-10 green bean of A-Steamed Green Bean [80 g]

NUTRITIONAL INFORMATION

	PER 100 g	PER BOWL (503 g)	% DRI
ENERGY	110 kcal	552 kcal	28 %
FAT	4 g	20 g	31 %
FATTY ACIDS, TOTAL SATURATED	2 g	8 g	42 %
CHOLESTEROL	21 mg	108 mg	36 %
SODIUM	49 mg	247 mg	10 %
CARBOHYDRATE	13 g	65 g	22 %
SUGARS	1 g	5 g	—
FIBER	2 g	10 g	40 %
PROTEIN	7 g	33 g	—