

B-FAMILY STYLE ROASTED RED POTATO

 1 bowl

INGREDIENTS

- 8 half cup of A-Roasted Red Potato (640 g)

NUTRITIONAL INFORMATION

	PER 100 g	PER BOWL (640 g)	% DRI
ENERGY	119 kcal	759 kcal	38 %
FAT	6 g	37 g	57 %
FATTY ACIDS, TOTAL SATURATED	1 g	5 g	26 %
CHOLESTEROL	0 mg	0 mg	0 %
SODIUM	18 mg	113 mg	5 %
CARBOHYDRATE	16 g	100 g	33 %
SUGARS	1 g	8 g	—
FIBER	2 g	12 g	46 %
PROTEIN	2 g	12 g	—