

B-FAMILY STYLE SNICKER DOODLE HUMMUS

 1 bowl

INGREDIENTS

- 16 Tablespoons of A-Snickerdoodle Hummus (160 g)

NUTRITIONAL INFORMATION

	PER 100 g	PER BOWL (160 g)	% DRI
ENERGY	221 kcal	353 kcal	18 %
FAT	9 g	15 g	23 %
FATTY ACIDS, TOTAL SATURATED	1 g	1 g	5 %
CHOLESTEROL	0 mg	0 mg	0 %
SODIUM	346 mg	554 mg	23 %
CARBOHYDRATE	27 g	44 g	15 %
SUGARS	7 g	12 g	—
FIBER	7 g	12 g	47 %
PROTEIN	11 g	17 g	—